

Important Dates:

2/27-3/8.....Iowa Testing
3/15Teacher Inservice, No School

K-8 Absent/Tardy ..513-347-2231
Preschool Absent ...513-347-4450
Early Dismissal.....note to teacher
Aftercare513-371-0371

AUG'S BLOG

Visitation Families,

Today is Ash Wednesday, the official start of Lent. During this time, we ask our students to focus on prayer, fasting and almsgiving. Students are challenged to not only give something up but also to do something extra. How can they enhance their prayer life? Do they need to learn a new bedtime prayer, say the rosary or attend mass during the week? Lenten fasting and sacrifices

are tiny sacramental signs of the true gift we give God: ourselves, body and soul. Today and Good Friday are the two days of Lent where we practice fasting.

Roman Catholics must fast and abstain from meat on Ash Wednesday, Wednesday, February 22, 2023 and Good Friday, April 7, 2023. Additionally, they must abstain from meat on all Fridays during Lent. Fasting means a person is permitted to eat one full meal. Two smaller meals may also be taken, but they are not to equal that of a full meal.

Students in K-8 will attend Stations of the Cross every Friday during Lent. Students in grades 3-5 will attend Reconciliation this Thursday.

Iowa Testing for Grades 2-7 will begin next week and continue for at least 2 weeks. Please make sure students eat a nutritious breakfast and arrive at school on time.

Congrats to our two junior high academic teams who competed at Elder last week against other area Catholic schools. The students, led by Mrs. Kelhoffer, studied various trivia topics and questions. It involves buzzers in multiple rounds of questions. Congrats to our 7th grade team who came in first place and our 8th grade team who came in second place!

Does your child have a cell phone? Do you check it sporadically? You just might be surprised at some of the inappropriate language students use when it is not monitored. As they say...if you give kids an inch, they will take a mile. Don't forget that speaker Stephen Smith is coming on March 27th to address both students and parents.

8th Grade Parents: If you would like your child to be recognized for their high school scholarship please send a copy of their scholarship or an email with the name of the scholarship, the amount and the number of years it will be provided.

Lost and Found: Is your family missing a water bottle? A uniform quarter zip? How about a winter coat? Our Lost and Found is overflowing with items. Please check this area after your child's next practice or during afternoon carpool. Items not claimed by the end of this week will be given away or donated. We announce any Found items each afternoon. If it is not claimed in 24 hours it gets sent to the Lost and Found outside the auditorium. Please label your clothing items with your last name.

Don't forget to talk to your child about sacrifices that could make during Lent.

Blessings,

Spely M. Aug

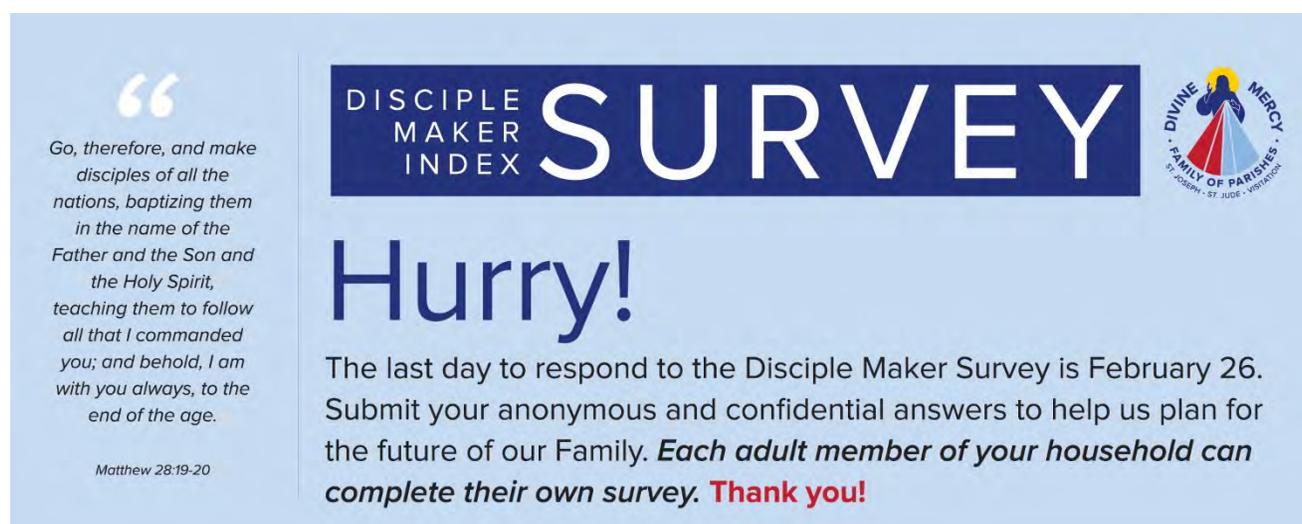
COOK'S CURRICULUM CORNER

Students in grades 2-7 will begin taking Cogats/IOWA tests Monday, February 27th. Students will take these tests for the next two weeks during their morning periods. These tests are required by the Archdiocese of Cincinnati and are nationally normed. In order to help your child do well on these tests we ask that you encourage your child to do their best, get plenty of rest and eat a good breakfast. Check out the slides below for some test taking strategies you can share with your child.

Test Taking Strategies

Testing can cause stress and anxiety for students. While at home, have your child try an app to stay calm. A popular app that students use is called Calm. This app provides breathing exercises, relaxing sounds, soothing stories and backdrop music/pictures.

CHURCH CHATTER



The banner features a quote on the left: "Go, therefore, and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to follow all that I commanded you; and behold, I am with you always, to the end of the age." attributed to Matthew 28:19-20. The main text reads "DISCIPLE MAKER INDEX SURVEY Hurry!" with a logo for the Family of Parishes (St. Joseph, St. Jude, Visitation) on the right. Below the title, it states: "The last day to respond to the Disciple Maker Survey is February 26. Submit your anonymous and confidential answers to help us plan for the future of our Family. *Each adult member of your household can complete their own survey.* Thank you!"

Click here to respond to the survey: <https://portal.catholicleaders.org/d/y870x3>

REDIKER: All Rediker issues, primary email changes or primary household phone number changes should be emailed to rediker@olvisitation.org.

1st & 7th GRADE PARENTS



Are you interested in helping with the 8th grade events? In years past, the 1st grade parents have helped plan the 8th grade breakfast, and the 7th grade parents have helped plan and coordinate the 8th grade celebration. We have worked on simplifying these events to make it much easier to organize. There are outlines in place to direct you. This would be a group of parents helping, not just an individual. Please contact Erin Becker if you are interested. ebecker@olvisitation.org

YOUTH ART MONTH DRAWING CONTEST

Design a piece of the puzzle for Youth Art Month. Use any art materials. A worksheet is attached or can be found in the art room. Prizes will be awarded for the best drawings each Friday in March.

8th GRADE SCHOLARSHIP

Attached you will find a copy of the Knights of Columbus Essay Scholarship. It is due Monday, March 8th by 8:00 a.m. in the school office.

7th GRADE SCHOLARSHIP

Every 7th grade student may apply for a \$1,000 scholarship from ESAP (Elementary Scholarship Assistance Program). Our school is guaranteed 2 winners! Please visit <https://esap.org/> for the application process. The application process involves a short essay addressing a time you have given back to help others. Applications are due March 1st.

YEARBOOKS: Yearbooks for the 2022-2023 School Year are on sale now! Yearbooks are \$20 each and are available for purchase online at www.strawbridge.net

1. Click ***Order Pictures and Yearbooks***, and enter code **YB25505**
 2. Enter your name and email, and click ***Access Yearbook***.
 3. Enter your students information, then click ***Submit Details***.
 4. Select your product and quantity. Click ***View Cart*** to proceed to checkout.
- If you have any questions, please email ebecker@olvisitation.org

PTO and SPIRITWEAR

Spiritwear: You can shop online at visispiritwear.weebly.com. Any questions, please contact Nikki Niemann at 513-379-8478

VAC

3/4 - Spring Cleanup 9:00-3:00

3/7 - Jet's Pizza Fundraising 4pm-8pm

FUNDRAISING:

VAC is hosting a Jet's Pizza fundraiser night March 7, 4-8 p.m. Mention your order is for Visitation when you order and 20% of proceeds will go to VAC. This is the Harrison Ave location, for both delivery and carry out.

GIRLS BASKETBALL SERVICE PROJECT:

The Child Life & Integrative Team that works directly with the Cancer & Blood Disease Institute at Cincinnati Children's Hospital is currently in need of the items listed. These items are given to children undergoing treatments at the hospital. The Child Life Specialists support the medical teams caring for both Ross & Cece.

Please see attached for more information.

SPONSORSHIP:

Own a Business or Looking to Donate? The Visitation Athletic Program has sign sponsorship opportunities available in our gyms, outdoor pavilion area. A sponsorship will continue to allow us to provide our young athletes the opportunity to grow and compete with one of the best athletic facilities on the Westside.

If you have interest please contact Mike Bollin via call or text at (513) 460-6428 or via email at bolinmr@gmail.com. He can provide the sponsorship details and help answer any questions.

SPRING CLEAN UP - March 4th

Spring is getting closer and that means it's time for all of baseball and softball families to come together on March 4th for our annual Field Clean-Up Day.

Volunteers of all ages are welcome, but we ask that 6th graders and under be accompanied by an adult. High School students can receive Service Hour credits for their time. Please see the attached flyer for more details.

SPRING SPORTS SIGNUPS

Baseball:

5U, 7U & 14U,15U: 2/28/2023: (Late Registrations will be placed on a Waiting List and cannot be guaranteed a spot on a team)

Please see the baseball home page at vacsports.com **Baseball (bluesombrero.com)** for all important dates and information regarding the 2023 Season. We also have multiple opportunities to volunteer in leadership roles within the program, so please consider those opportunities while registering your players. Please note that all volunteers must undergo Safe Parish training and certification.

HIGH SCHOOL NEWS

- St. Xavier will be hosting a number of summer camps for eighth grade students. Please click here for more information. <https://www.stxavier.org/academics/summer-camps>
- Moeller high school will be hosting a number of summer camps for eighth grade students. Please click here for more information <https://moellercamps.campbrainregistration.com/>
- Ursuline Academy will be hosting a number of summer camps for eighth grade students. Please click here for more information <https://www.ursulineacademy.org/admissions/summer-at-ursuline>

VOLUNTEER SCHEDULE

Date	Day	Playground Upper lot	Playground Lower lot	Lunchroom (wiping tables)	Cafeteria (food service)
2/27	M	Erin Cunningham Molly Cramerding	Mary Holbrock Jayne Laake	Nikki Nieman	Bob Johnson Keith Schutte
2/28	T	Amanda Bruner Christina Yockey	Mary Holbrock Sherry Peretzky	Kim Post Shannon Clifton	Sue Stautberg Mary Sue Emerson Kate Kafel
3/1	W	Amy Faillace Betsy Horvath	Stephanie Hayes Erin Viltro	Kristie Jostworth Kirsten Law	Brandon Rainier Daniel Schultz
3/2	Th	Kursten Kaiser Jessica Behler	Theresa Marzhauser Elizabeth McPherson	Jillian Edwards Angela Born	Jennifer Dollries Chris Emerson
3/3	F	Christie Klosterman Laura Obert	Deb Tisch Gina Bath	Lori McKenna Meghan McKenna	LeAnn Brock Sarah Re

LUNCH MENU FOR FEBRUARY 20-24

Please note, due to manufacturer shortages, menu may change.

Monday	Tuesday	Wednesday	Thursday	Friday
-Hamburger or Cheeseburger -Fries -Pickles -Fruit -Vegetable -Milk	-Chicken Tenders -Dinner Roll -Rice Pilaf -Fruit -Vegetable -Milk	- La Rosa’s Pizza (1 Slice) Cheese or Pepperoni -Fruit -Vegetable -Milk	-Chili Cheese Hot Dog - Tater Tots - Chili & Shredded Cheese offered -Fruit -Vegetable -Milk	LaRosa’s Cheese Rundos (2) -Pizza Sauce -Fruit -Vegetable -milk
A La Carte				
-Hamburger or Cheeseburger	-Chicken Tenders	-La Rosa’s Pizza 1 Slice	-Hot Dog with chili & cheese on the side	-LaRosa’s Cheese Rundos (2)

Cash can be used for milk, snacks and ice cream. Assorted bagged snacks daily for \$.75. Ice cream for \$1.50. Milk and water for \$.50.

To purchase the regular lunch or hot a la carte items, you must set up an account and order through <https://olvlunch.ahotlunch.com/login>. You may order daily until 8:00 a.m. Regular lunch is \$4.00. Hot a la carte is \$2.00.

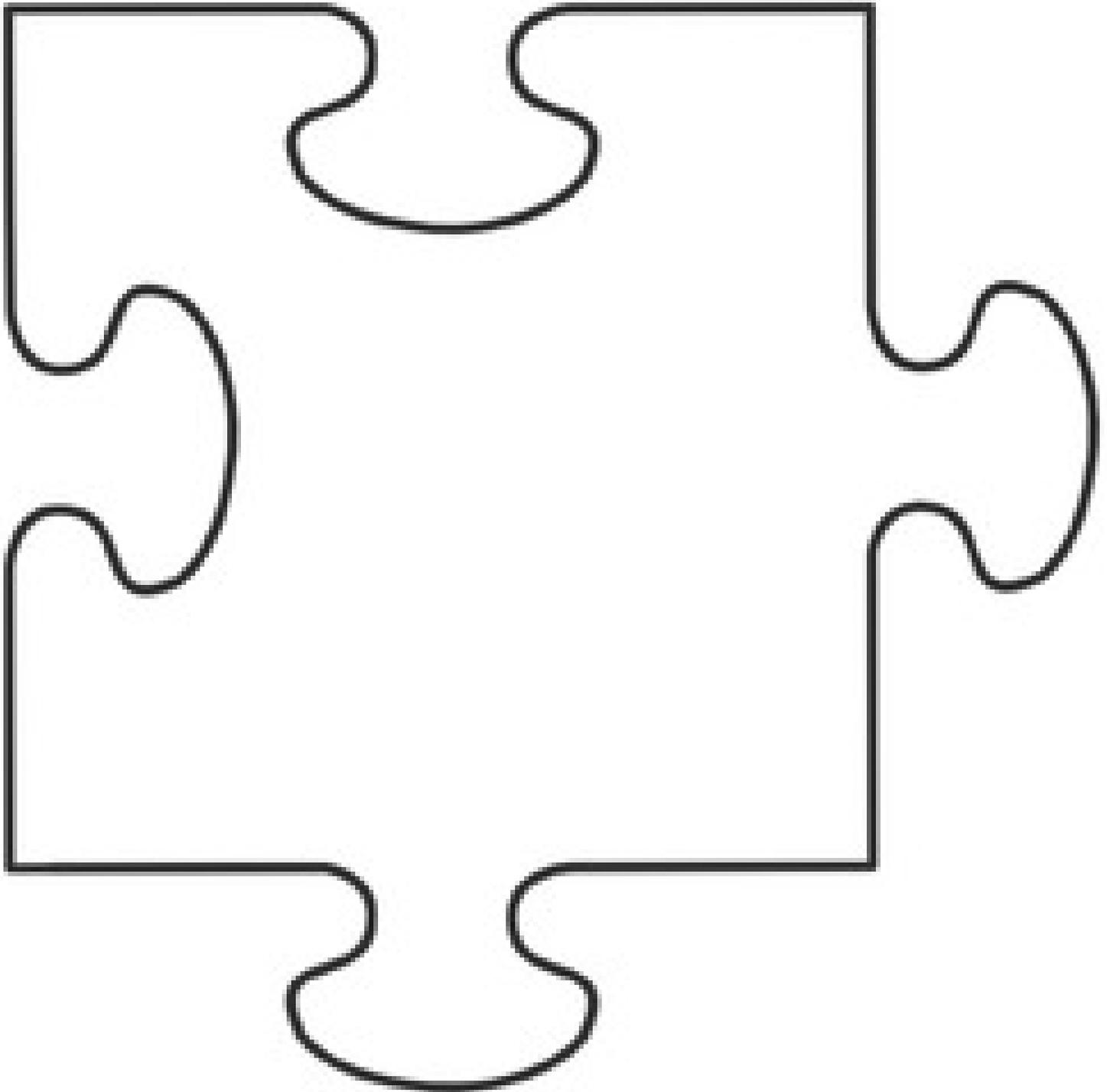
If your student has an appointment and will not be here for lunch, please do not order a lunch for that day. If you did order a lunch and then your student leaves early for sickness or an appointment, please email Linda Good lgood@olvisitation.org so your account can be credited. Thank you.

GENERAL REMINDERS

- If your child will be absent from school or tardy, a phone call is required by 8:30 a.m. The direct phone numbers to report a student absent or tardy are:
K-8: 513-347-2231
Preschool: 513-347-4450
- If your child needs to leave school early, a note written by a parent must be given to the student’s homeroom teacher at the start of that same day.
- For school closings and delays due to inclement weather, Our Lady of the Visitation will follow Three Rivers Local School District.

YOUTH ART MONTH DRAWING CONTEST

Instructions: Design a piece of the puzzle. Use any art material. Cut it out.
Put your name and Homeroom teacher's name on back. Give to your art teacher.
Prizes will be awarded for the best drawings each Friday in March.



**Support Visitation Athletic Club
when you deliver or carryout
from 4-8PM on Tues. March 7th**

**20% of proceeds go to
Visitation Athletic Club**



JET'S PIZZA
BETTER, BECAUSE IT HAS TO BE.



5865 HARRISON AVE.

(513) 574 7777

VOLUNTEERS WANTED

Saturday March 4th

9:00am - till list is completed.

Volunteers of all ages come and go as you can; even a couple hours are a great help.

Service Hours available for Teens.

Lunch Provided for All Volunteers

Tools Needed:

Gas Blowers,
Gas Weed-Wackers,
Ladders, Shovels,
Spades, Rakes,
Brooms, Tree/Shrub
Cutting Tools, Tin
Snips, Post Hole
Digger, Wire-Cutters
& any other handy
tools you may use
around the yard.
Please label your
tools with your name.



CLEAN UP DAY

GIRLS BASKETBALL SERVICE PROJECT

FOR

Cincinnati Children's Cancer & Blood Disease Institute

The Child Life & Integrative Team that works directly with the Cancer & Blood Disease Institute at Cincinnati Children's Hospital is currently in need of the items listed. These items are given to children undergoing treatments at the hospital. The Child Life Specialists support the medical teams caring for both Ross & Cece.

- Checker games
- Chess games
- Play doctors kits
- Old school card games
(Go Fish, Old Maid, Crazy-8s, Uno, etc...)
- Bubbles
- My Little Pony horses
- Fisher Price Little People sets

If you are unable to get one of the items listed above you can still consider donating to the cause by donating using Venmo to @Nikki-Kneflin. This money will be used to purchase gift cards for patients and families who are in need of assistance.

We are asking for the girls basketball teams to collect some of the items listed until February 24. There will be a box in the MPR, box in the AUD on the stage and one in front of the MAIN OFFICE during the next few weeks. Thanks for your donations. We know they will be much appreciated.



Cincinnati
Children's
changing the outcome together